



Pediatric Dental Specialist - Dr. Stephen P. Girdlestone

INFORMATION FOR PATIENT TO RECEIVE SEDATION:

Are any of your immediate family members allergic to Demerol / Vistaril or Versed ?

IF YOUR CHILD COMES DOWN WITH A UPPER RESPERITORY INFECTION/CONGESTION PRIOR TO TREATMENT, CALL US!!!

DIET: Nothing to eat or drink six hours before surgery (including water) unless advised differently by your doctor.

TIME OF ARRIVAL: Your child will be weighed, the sedative administered, and the appropriate "waiting time" will be allowed before Dr. Girdlestone begins the procedure.

ACCOMPANYING THE PATIENT: The child must be accompanied by a parent or other responsible adult. It is not advisable to leave or run errands during this appointment.

MEDICATION: If your child is taking any medications, question the doctor about continuing or discontinuing this medication.

POSTOPERATIVE CARE: Complete written and verbal instructions will be given to the parent or accompanying adult following a procedure.

SURGICAL OPTIONS: If you are not comfortable with the idea of office sedation, your child can have the dental work accomplished under general anesthesia at another location.

QUESTIONS: If anything concerning your child's sedation or dental treatment is not clear, it is important that you tell us. There is no such thing as a dumb question.

PLEASE NOTE:

1. Because of the variability among children, the time you spend in the office may be up to two hours.
2. If your child drinks from a "sippy" cup and likes to drink anything special, please bring it and we can mix the medicine with it.
3. No nail polish as we will be using fingers to monitor your child's health.
4. If your child is sick and/or can not breath through nose call to cancel the appointment.

POST OPERATIVE INSTRUCTIONS FOR THE SEDATED PEDIATRIC DENTAL PATIENT:

1. If your child wished to sleep, make sure that he/she sleeps in a place where they can be closely observed. It is best for the child to sleep on his/her stomach or side.

2. If your child becomes nauseated, have them lay completely flat and elevated the legs. Nausea is the first sign of fainting. If the child vomits and the vomiting persist, please contact us so that we may prescribe the appropriate medication.

3. Remember that your child's mouth will remain numb for several hours after the appointment, Make sure he/she does not chew their lip, cheek, or tongue.

4. Liquid diet is recommended. After the numbness wears off and when he is under the effects of the sedative medication, he/she may resume a normal diet.

5. Restrict the child's activities. Do not allow the child to run or play when he is under the effects of the sedative medication because he/she could fall and injure themself.

* You will receive a follow up call from someone in our office.

* Do not hesitate to phone if any questions or problems arise.

Thank You.